

Deborah A. Saber, PhD, RN, CCRN-K

University of Maine School of Nursing

5724 Dunn Hall
Orono, ME 04469
(207) 581-2553 - Office
(207) 581-258 - Fax
(305) 336- 2900 – Cell
deborah.saber@maine.edu

EDUCATION

Year	Degree	Institution	Clinical Major	Role Preparation
2012	PhD	University of Central Florida	Nursing	Researcher
1985	MS	DePaul University	Nursing	Nursing Admin
1980	BSN	Vanderbilt University	Nursing	

LICENSURE/CERTIFICATION

RN Maine, # (expires April 2020)
Certified Critical Care Nurse CCRN-K (expires December 2019)

EMPLOYMENT

ACADEMIC APPOINTMENTS:

01/18 – Present	Faculty Associate , George J. Mitchell Center for Sustainability Solutions University of Maine, Orono, ME
05/19 – Present	Cooperating Faculty Member , Graduate School of Biomedical Sciences and Engineering (GSBSE), University of Maine, Orono, ME
01/16 – Present	Assistant Nursing Professor , University of Maine, School of Nursing, Orono, ME
08/13 – 12/15	Assistant Nursing Professor of Clinical, University of Miami School of Nursing and Health Studies, Coral Gables, FL
08/13 – 12/15	Director of Nursing Research and Evidence-based Practice , University of Miami Hospital, Miami, FL
01/13 – 07/13	Visiting Nursing Assistant Professor University of Central Florida College of Nursing, Orlando, FL
8/2008 – 8/2009	Adjunct Nursing Faculty , Florida State University College of Nursing, Tallahassee, FL
6/2003 – 7/2004	Adjunct Nursing Professor and Nursing Refresher Series Coordinator, Seminole State College, Sanford, FL

NON-ACADEMIC AND CLINICAL APPOINTMENTS:

06/16-Present	Evidence-based Practice Director , Northern Light Eastern Maine Medical Center, Bangor, ME
06/16-Present	Evidence-based Practice Nurse Residency Director , Northern Light Eastern Maine Medical Center, Bangor, ME
10/11-07/13	Staff Nurse CNIV , Critical Care Float Team, AdventHealth Orlando, Orlando, FL
08/02-09/11	Staff Nurse CNIV , Intensive Care Unit, AdventHealth Orlando, Orlando, FL
08/93-08/94	Staff Nurse , Intensive Care Unit/Coronary Care Unit, Northern Illinois Medical Center, McHenry, IL
08/88-07/93	Clinical Application Specialist , Siemens Medical System, Schaumburg, IL

Strout, K., **Saber, D.**, Swanson-Caruso, L., Ingwell-Spolan, C., Koplovsky, A., Caron, E., Federico, J., Hulst, C., Etro, I., (2017). Interprofessional mass casualty incident simulation design protocol to prepare prelicensure nursing students to respond to a disaster. *Nurse Educator*, 42(5), E1-E4. doi: 10.1097/NNE.0000000000000365

Saber, D., Anglade, D., & Schirle, L. (2015). A study examining senior nursing students' expectations of work and the workforce. *Journal of Nursing Management*. doi: 10.1111.jonm.12322. *

Saber, D. (2014). Front-line registered nurse job satisfaction and predictors over three decades: A meta-analysis from 1980-2000. *Nursing Outlook*, 62, 402-414. doi: 10.1016/j.outlook.2014.05004. *

Saber, D. (2013). Generational differences of the front-Line nursing workforce in relation to job satisfaction: What does the literature reveal? *The Health Care Manager* 32(4), 329-335. doi: 10.1097/HCM.0b013e3182a9d7ad

RESEARCH and GRANTS

Date	Role	Title	Agency	Type	Amount
2019	PI	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste through a Multi-Site, Interdisciplinary Team (IURC-II)	University of Maine 2018-2019 Research Reinvestment Fund Student Awards Competition	Intramural	\$29,727
2019	Co-I	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste through a Multi-Site, Interdisciplinary Team-Round 2 Funding	Diana Davis Spencer Foundation	Extramural	28,000 (unfunded)
2018	Co-I	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Diana Davis Spencer Foundation	Extramural	\$25,000
2018	PI	Building a Sustainable Program on Circular Food Economy for Undergraduate Students Within a Multidisciplinary Team	United States Department of Agriculture: Higher Education Challenge Grant	Extramural	\$150,000 (unfunded)
2018	PI	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	University of Maine 2017-2018 Research Reinvestment Fund Student Awards Competition	Intramural	\$25,000
2017	Co-I	University of Maine Partners in Nursing Education (PINE)	University of Maine Pilot Fund	Intramural	\$65,000
2017	Co-I	Maine's Community Waste Toolbox: Resources for Healthier People and Communities	Elima B. Sewall Foundation	Extramural	\$84,385 (unfunded)
2016	PI	A Study of Solid Waste Disposal Processes for Isolated Patients with Infectious Disease	University of Maine Summer Research Fund	Intramural	\$8,000

Date	Role	Title	Agency	Type	Amount
2015	PI	An Exploration of Nursing Student and Simulation Actors Perspectives on the Benefits and Limitations of Disaster Exercise Simulation Training	University of Maine	Not Funded	
2015	Co-I	An Exploration of Nursing Student Perspectives on the Benefits and Limitations of Disaster Exercise Simulation Training	University of Miami	Not Funded	
2014	PI	Comprehensive Data Collection Solid Waste Disposal Processes for Isolated Patients with Infectious Disease	Hinkley Center for Solid and Hazardous Waste Management	Extramural	\$45,532 (unfunded)
2014	PI	A Pilot Study to Test the Procedure and Toll Utility for Pressure Ulcer Predictor Assessment in High-Risk Post-Operative Patients	University of Miami	Not Funded	
2013	PI	A Study Comparing Senior Nursing Students' Expectations of Work and Workforce to their Perceptions after Employed as Newly Licensed Registered Nursing (NLRNs)	University of Miami	Not Funded	
2010	PI	Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis for 1980-2009 (Doctoral Dissertation)	Florida Nurses Foundation Evelyn Frank McKnight Research Grant	Extramural	\$750.00
2008	Study Team Member	Quantifying Institutions about Risk: Comparing Partners Perceived as "Risky" or "Non-Risky"	Prevention Institute for Fraud Prevention	Extramural	\$10,000
1985	PI	Decision Acceptance by Registered Staff Nurses through Consultative and Group Decision-Making Processes (Master's Thesis)	DePaul University	Not Funded	

PRESENTATIONS—NATIONAL / INTERNATIONAL

Date	Type	Title	Conference Title, City/State	Refereed/Invited
11/2019 (Scheduled)	Poster	Saber, D. A. Environmental Sustainability Issues are Everywhere: A Pilot Program for Undergraduate, Interdisciplinary Research, and Problem Solving	Sigma Theta Tau International 45 th Biennial Convention Washington, DC	Refereed

05/2018	Podium	Saber, D., & Silka, L. Sustainability Issues are Everywhere: Healthcare as a Waste Generating Behemoth	SPSSI-SASP 2018 Small Group Meeting: The Psychology of Sustainable Consumption, Philadelphia, PA	Refereed
11/2015	Podium	Saber, D. A. A Study Examining Senior Nursing Students Expectations of Work & the Workplace	Sigma Theta Tau International 43rd Biennial Convention Las Vegas, NV	Refereed
05/2015	Poster	Saber, D. A., Cano, A., Stamp, H., Joaquin, F., Jamieson, E., Kaur, A., & ... Wawrzyniak, A. Testing a Procedure and Tool for Pressure Ulcer Predictor Assessment in High-Risk Post-Operative Patients	2015 American Nurse Credentialing Center Pathways to Leadership Conference, Louisville, KY	Refereed
7/2013	Poster	Saber, D. A., Norris, A., & Trompeter, G. Secondary Analysis of Data Collected for Clinical Purposes: Lessons Learned	Sigma Theta Tau 21 st International Nursing Research Congress Orlando, FL	Refereed

PRESENTATIONS—REGIONAL

Date	Type	Title	Conference Title, City/State	Refereed/Invited
06/2019	Podium	Saber, D. A. Heart Failure	Maine Health Information Management Association Spring Conference Bangor, ME	Invited
4/2019	Podium	Nadeau, H., Horton, S., Flynn, A., Kleisinger, S., Saber, D. A. Behavior and Waste: Reaching our Future Workforce	Maine Resource Recovery Association Annual Conference Northpoint, ME	Invited
9/2018	Podium	Saber, D. A. The Liver: Purpose and Pathology	2018 Maine Health Information Management Association Fall Conference Bangor, ME	Invited
11/2017	Podium	Saber, D. A. What is a PhD in Nursing, and Why are PhDs and Nursing Research Critical in Today's Academic and Healthcare Environment?	2017 Second Annual Convention Maine Student Nurses' Association Bangor, ME	Invited

Date	Type	Title	Conference Title, City/State	Refereed/ Invited
4/2017	Podium	Saber, D. A., & Benton, S. A Multi-Pronged Approach to Implement Evidence-based Practice: One Medical Center's Journey	Maine Nursing Practice Consortium Bangor, ME	Refereed
3/2017	Podium	Saber, D. A. Solid Waste and Waste Disposal Processes for Isolated Patients with Infectious Disease	Maine Sustainability and Water Conference Augusta, ME	Refereed
3/2016	Podium	Saber, D. A. Changes over Time: Nursing Student Expectations of Work and the Workplace	OMNE: Nursing Leaders of Maine 15 th Annual Maine Nursing Summit Augusta, ME	Refereed
04/2014	Podium	Saber, D. A. Our Nursing Workforce: The Complexity of Job Satisfaction	The University of Miami Ethics Conference Miami, FL	Refereed
02/2014	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis from 1980-2009	Nursing Consortium of South Florida Davie, FL	Refereed
11/2013	Podium	Saber, D. A. Our Nursing Workforce: Satisfaction with Considerations to Generational Differences	Florida Blue Foundation/Florida Action Coalition 2013 Statewide Nursing Summit Miami, FL	Invited
9/2012	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis from 1980-2009	2012 Florida Nurses Association Membership Assembly Altamonte Springs, FL	Refereed

PRESENTATIONS—LOCAL

Date	Type	Title	Conference Title, City/State	Refereed/ Invited
4/2019	Poster	Nadeau, H., Saber, D. A. Generation and Recovery of Hospital Food Waste in Maine	2019 University of Maine Student Symposium Orono, ME	Refereed
9/2018	Podium	Saber, D. Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Interdisciplinary Undergraduate Research Collaborative Grantee Presentation Orono, ME	Invited

09/2016	Poster	Saber, D. A. Solid Waste and Waste Disposal Processes for Isolated Patients with Infectious Disease: Preliminary Results	Eastern Maine Medical Center 2016 Research Expo Bangor, ME	Refereed
09/2016	Podium	Saber, D. A. Evidence-based Practice Research	Eastern Maine Medical Center 2016 Research Expo Bangor, ME	Invited
4/2016	Podium	Saber, D. A. Changes overtime: Senior Nursing Students Expectations of Work and the Workplace and their Perceptions as Newly Licensed Registered Nurses (NLRs) After 3 & 12 Months of Employment	Maine Nursing Practice Consortium Bangor, ME	Refereed
04/2013	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis from 1980-2009	Sigma Theta Tau, Theta Epsilon Chapter 15th Annual Research Conference, Winter Park, FL	Refereed
09/2010	Poster	Saber, D. A. Secondary Analysis of Data Collected for Clinical Purposes: Lessons Learned	2010 Florida Nurses Association Membership Meeting	Refereed

HONORS/AWARDS

Date	Award	Organization/Group
2019	Nominated for University of Maine Faculty Mentorship Award	University of Maine
2018	Student Selected EMCC for Spring Pinning Ceremony	School of Nursing, University of Maine
2014	March of Dimes Nurse of the Year Finalist	March of Dimes, Miami, Florida
2009	Nursing Scholarship for Graduate Study (\$750.00)	College of Nursing, University of Central Florida

PROFESSIONAL ACTIVITIES & COMMUNITY SERVICE

PROFESSIONAL ORGANIZATIONS:

Date	Organization	Role
2019 - Present	Sigma Theta Tau International Honor Society of Nursing: 30 th International Nursing Research Conference 45 th Biennial Convention	Grant and Presentation Abstract reviewer
2017 - Present	Maine Resource Recovery Association	Member
2018 - Present	Maine Resource Recovery Association	Board Member
2016 - Present	Maine Nurses Association	Member
2016 - Present	Omicron – Xi At Large Sigma Theta Tau	Member
2016 - 2017	Omicron – Xi At Large Sigma Theta Tau	Vice - President

2015	Beta – Tau Sigma Theta Tau	Research Awards Chair
2014 -2016	Beta – Tau Sigma Theta Tau	Member
2009 - Present	Delta Epsilon Iota Academic Honor Society	Member
2006 - Present	Phi Kappa Phi Honor Society	Member
2003 - Present	American Nurses Association	Member
1980 - Present	American Association of Critical Care Nurse	Member

PUBLICATION EDITORIAL BOARDS AND REVIEW:

Date	Journal or Publisher	Role
2018	Book proposal reviewer – Slack Inc.	Reviewer
2017	The Open Nursing Journal	Reviewer
2016	Nursing Research	Reviewer
2016	Global Journal of Health Science	Reviewer
2015	BMC Public Health	Reviewer
2015	Contemporary Nurse	Reviewer
2015	Japan Journal of Nursing Science	Reviewer
2014	Industrial Health	Reviewer

MEDIA INTERVIEWS:

Date	Topic	Medium
None		

COMMUNITY SERVICE:

Date	Organization	Role
2018	International Service Learning	Co-Advisor of 20 nursing students for medical mission trip to Belize Prepared students through fundraising Weekly team building sessions
2017	Stakeholder Working Group: Addressing Food Waste in Maine	Co-Leader
2017	The Rock Church	Food Pantry Server
2016	University of Maine Cooperative Extension/4H Program	Volunteer to assist high school students in learning about nursing

CONSULTATION:

Date	Consulting Organization/Individuals	Consultation Role
2016 - Current	Northern Light Eastern Maine Medical Center	Consultant and adviser for evidence-based projects and dissemination of results for the division of nursing.
2018	Stakeholder Working Group for LD 1534: <i>Report for Maine's Joint Standing Committee on the Environment and Natural Resources</i>	Working group member to guide Maine's LD 1524

UNIVERSITY ACTIVITIES

UNIVERSITY SERVICE: (Cumulative)

Date	Level	Committee	Role
University of Maine			
2019 -	University	Faculty Senate Ad Hoc Committee to Support Research Capacity	Co-Chair
2019 -	University	UMaine Medicine Steering Committee	Member
2019 -	College	Human Health Sciences Working Group	Member
2018 -	University	Strategic Vision and Values Steering Committee	Member
2018 -	SON	Faculty Search Committee	Member
2018 - 2019	SON	Undergraduate Curriculum Committee	Member
2018 -	University	Faculty Senate Constitution and Bylaws Committee	Member
2017 -2018	University	Program Creation & Reorganization Review Committee	Member
2017 -	University	Faculty Senate Research and Scholarship Committee	Co-Chair
2017 -	University	Research Council Committee	Member
2017- 2019	SON	Director's Council	Member
2017	College	Faculty Search Committee for Lecturer and Dietetic Internship Director	Member
2016 - 2017	SON	Undergraduate Curriculum Task Force	Chair
2016 -	SON	Policy Advisory Committee	Member
2016 -	University	Senator George J. Mitchell Center for Sustainability Solutions Materials Management Committee	Member
2016 -	University	Faculty Senate	Member
2016 - 2017	College	Faculty Awards Committee	Member
University of Miami			
2015	University	Athletic Committee	Member
2015	College	Graduate Academic Standing and Advancement Committee	Chair
2013 - 2015	College	Curriculum Committee	Member
2014 - 2015	College	Graduate Academic Standing and Advancement Committee	Member
2014 -2015	University	Ancillary Research Review Committee	Member
2014 - 2015	University	Clinical Translational Science Institute Research Cabinet Committee	Member
2014 - 2015	University	University of Miami and Miami Miller School of Medicine Research Roundtable Committee	Member
2014 - 2015	University	University of Miami Hospital, Miller School of Medicine, and Veterans Administration Hospital Research Administration Committee	Member
2014 - 2015	University	Faculty Ambassador Program Committee	Member
2014	College	Pan American Health Organization Project	Graduate Student Mentor

DISSERTATION / THESIS / RESEARCH PROJECT ADVISING:

Dates	Student	Title	Level	Role
2019 -	Amanda Cusack	Pharmaceutical Waste in Healthcare: An Assessment of Disposal Processes	Honors	Advisor
2018 -	Brandon Howlett	Virtue Ethics in Primary Care	FNP Capstone	Advisor
2017 - 2019	Jen Goulding	Barriers to Reducing Food Waste in Hospitals: An Exploratory Study	Honors	Advisor
2017 - 2019	Rachel Emerick	Pediatric Hospice Care: A Literature Review of Hospice Care, Its Role in Pediatrics and Resources in Maine	Honors	Committee Member
2017 – 2019	Samantha King	An Analysis of Stress in Undergraduate Nursing Students at the University of Maine	Honors	Committee Member
2017 - 2019	Theresa Murray	Perceptions of Emergency Room Nurses Regarding Needle Exchange Programs	Honors	Committee Member
2017 -	Hannah Nadeau	Top Scholar at University of Maine Undergraduate student team member: Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Top Scholar	Chair
2018	Dorathy Moneke	Importance of Primary Prevention of Hypertension in African Americans Through Modification of Risk Factors	FNP Capstone	Committee Member
2018 -	Jamie Wren	Secondary Cranial Osteoporosis Among Individuals with Alcohol Use Disorder: an analysis of postmortem computed tomography scans from the New Mexico Decedent Database	PhD	Committee Member
2017	Sarah Ford	Sexual Trafficking: Developing a Teaching Strategy to Educate Emergency Department Staff	Honors	Advisor
2017	Sarah DeMello	Gastroparesis: Psychological Implications and Electrical Stimulating Treatment	Honors	Advisor
2016	Kristina Leonard	Heart Failure in Older Adults	MSN Capstone	Committee Member
2015	Lucia Walsh	Procedural and Coding Manual for Meta-Analysis of Therapist Experience of Internalizing Client Outcomes	MS	Committee Member
2015 - 2016	Susana Barroso	A Model for Emerging Infectious Disease/Disaster Preparedness Training for Nursing Students	PhD	Chair
2013 - 2014	Debbie Anglade	Patient Safety Culture, Compassion Fatigue, Compassion Satisfaction: Impact on Nurse Sensitive Patient Outcomes	PhD	Committee Member

COURSES TAUGHT:

Semester	Course	Course Name	Enrollment	Role
University of Maine				
Spring 2019	NUR 334-0001	Adult Health III	40	Instructor
Spring 2019	NUR303-0001	Pathophysiology	45	Instructor
Spring 2019	NUR 303-0990	Pathophysiology	38	Instructor
Spring 2019	HON 498-0009	Honors Directed Study Independent Study	1	Instructor
Spring 2019	HON 499-0061	Honors Thesis Independent Study	1	Instructor
Spring 2019	NUR 495-0001	Independent Study in Nursing Independent Study	1	Instructor
Fall 2018	NUR 334-0001	Adult Health III	35	Instructor
Fall 2018	NUR303-0001	Pathophysiology	15	Instructor
Fall 2018	NUR 303-0990	Pathophysiology	25	Instructor
Fall 2018	NUR 697-0003	Scholarly Project	4	Instructor
Summer 2018	NUR303-0990	Pathophysiology	11	Instructor
Summer 2018	HON 498-0005	Honors Directed Study Independent Study	1	Instructor
Spring 2018	NUR 310-0001	Health Related Research	44	Instructor
Spring 2018	NUR 303-0990	Pathophysiology	35	Instructor
Spring 2018	NUR 303-0001	Pathophysiology	37	Instructor
Spring 2018	NUR 495-0001	Independent Study in Nursing	1	Instructor
Spring 2018	NUR 495-0003	Independent Study in Nursing	1	Instructor
Fall 2017	NUR 310-0001	Health Related Research	26	Instructor
Fall 2017	NUR 303-0981	Pathophysiology	20	Instructor
Fall 2017	NUR 303-0990	Pathophysiology	24	Instructor
Summer 2017	NUR 303-0990	Pathophysiology	9	Instructor
Spring 2017	NUR 310-0001	Health Related Research	50	Instructor
Spring 2017	NUR 300-1001	Health Assessment Lab	9	Instructor
Spring 2017	NUR 303-0990	Pathophysiology	39	Instructor
Spring 2017	HON 499-0055	Honors Thesis Independent Study	1	Instructor

Spring 2017	HON 499-0087	Honors Thesis Independent Study	1	Instructor
Spring 2017	NUR 495-0001	Independent Study in Nursing	1	Instructor
Fall 2016	NUR 310-0001	Health Related Research	38	Instructor
Fall 2016	NUR 303-0990	Pathophysiology	22	Instructor
Fall 2016	NUR 300-1001	Health Assessment Lab (2 sections)	18	Instructor
Fall 2016	NUR 697-0004	Scholarly Project	1	Instructor
Fall 2016	NUR 495-0001	Independent Study in Nursing	1	Instructor
Fall 2016	HON 498-0033	Honors Directed Independent Study	1	Instructor
Fall 2016	HON 498-0087	Honors Directed Independent Study	1	Instructor
Spring 2016	NUR 310-0001	Health Related Research	36	Instructor
Spring 2016	NUR 303-0990	Pathophysiology	51	Instructor
Spring 2016	NUR 300-1001	Health Assessment Lab (2 sections)	16	Instructor
University of Miami				
Fall 2015	NUR 664 (BSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	10	Instructor
Fall 2015	NUR 673 (MSN-DNP)	Capstone II	6	Instructor
Fall 2015	IS	Independent Study	1	Instructor
Summer 2015	NUR 672 (MSN-DNP)	Capstone I	6	Instructor
Summer 2015	NUR 660 (MSN-DNP)	Translational Science	12	Instructor
Spring 2015	NUR 664 (MSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	12	Instructor
Fall 2014	NUR 664 (BSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	10	Instructor
Fall 2014	NUR 673	Capstone II	6	Instructor
Summer 2014	NUR 660	Translational Science	12	Instructor
Summer 2014	NUR 672	Capstone I	6	Instructor
Spring 2014	NUR 411 Accelerated	Adult Health III	69	Instructor
Fall 2013	NUR 411 Accelerated	Adult Health III	67	Instructor
Fall 2013	NUR 411 Traditional	Adult Health III	68	Instructor

University of Central Florida (* number is estimated)				
Summer 2013	NUR 4828	Nursing Leadership, Management, Role Transition	35*	Co-Instructor
Summer 2013	NGR 6801	Research Methods	24*	Co-Instructor
Spring 2013	NGR 7817	Quantitative Methods I	6*	Instructor
Spring 2013	NGR 6801	Research Methods	24*	Co-Instructor
Spring 2013	NUR 4828	Nursing Leadership, Management, Role Transition	50*	Co-Instructor