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EDUCATION AND TRAINING

***Brandeis University Heller School for Social Policy
Hanley Center Physician Executive Leadership Institute***
Advanced Executive Leadership Course
McAfee Fellow, Jan 2020

National Institute for Program Director Development
Association of Family Medicine Residency Directors
Graduate, Jun 2011

Malcolm Grow USAF Medical Center
Andrews AFB, Maryland
Family Medicine Residency, Jun 1996

Wright State University School of Medicine
Dayton, Ohio
Doctor of Medicine, Jun 1993

Rensselaer Polytechnic Institute
Troy, New York
Bachelor of Science in Biology, May 1988

PROFESSIONAL BACKGROUND

SENIOR PHYSICIAN EXECUTIVE COVID-19 INCIDENT COMMAND

Northern Light Health, Bangor, ME
February 2020-Present

- Oversee clinical pandemic response of 10-member hospital system including all its ambulatory practices, home and hospice care, and long-term care facilities. Coordinate with Maine state agencies and other health systems to develop a unified approach to patient care, resource allocation, source tracing, and surge response. Operationalized the roll out of community swab collection, assessment, and mass vaccination sites across the state. Developed a strategic plan to set up an Alternative Care Site in the greater Bangor region. Assisted the Maine Secretary of State and Commissioners of Economic and Community Development and Health and Human Services on plan for re-opening the non-healthcare economy for the entire state of Maine. Serve as incident commander for health system's evaluation, operational structure, and distribution of SARS-CoV-2 vaccine.

DIRECTOR OF CLINICAL EDUCATION

Northern Light Eastern Maine Medical Center, Bangor, ME
February 2020-Present

- Responsible for all clinical education at EMMC, including undergraduate, graduate, and resident education, Simulation Lab operations, and continuing medical education opportunities.
- Serve as director of Clinical Research Center overseeing staffing, compliance, and budget of center. Provide outreach to external organizations seeking research partners.
- Lead strategic planning and development of a systemwide academic department following a mission of evidence based, clinically relevant, and standardized practice.
- Continue to practice full-spectrum family medicine including obstetrics and critical care.

SENIOR VICE PRESIDENT/SENIOR PHYSICIAN EXECUTIVE

Northern Light Eastern Maine Medical Center, Bangor, ME
February 2018-February 2020

INTERIM SENIOR VICE PRESIDENT/CHIEF MEDICAL OFFICER

Northern Light Eastern Maine Medical Center, Bangor, ME
October 2017-February 2018

- Oversaw quality of care, patient safety and performance improvement for a 410-bed tertiary care facility. Responsible for the credentialing and privileging of 450 physicians and 150 allied health professionals. Assisted in setting mission and planning budget for a near one-billion-dollar not-for-profit enterprise.

CHIEF, FAMILY MEDICINE SERVICE

Eastern Maine Medical Center, Bangor, ME
August 2011-August 2019

- Oversaw the quality projects and credentialing of the Family Medicine Service as well as represent the Service on an institutional level.

DIRECTOR, FAMILY MEDICINE RESIDENCY PROGRAM

Eastern Maine Medical Center, Bangor, ME
May 2008-February 2018

- Oversaw the recruitment, training, and care of 27 resident physicians for this dually accredited program.
- Oversaw delivery of diagnostic and continuity care as well as clinical reassessment for physician and behavioral medicine faculty, FNP's, team nurses (RNs), staff LPNs, CMAs, and administrative staff.
- Responsible for the financial and quality outcomes of the Family Medicine Center and Residency Program. Managed a \$7 million operating budget.

PRESIDENT

Association of Family Medicine Residency Directors
Apr 2016-Apr 2017

- Oversaw the Strategic Plan and Financial Outlook for the non-profit association dedicated to the betterment of family medicine residency education nationwide. Finished term as Immediate Past President, April 2018.

**ASSOCIATE DIRECTOR/FACULTY FAMILY PHYSICIAN/OB-GYN
CURRICULUM DIRECTOR**

Self Regional Healthcare, Greenwood, SC

Jul 1999-May 2008

- Instructed resident physicians and students in the clinical aspects of Family Medicine using didactic teaching and formal lectures
- Supervised the care of patients in both the inpatient and outpatient settings.
- Coordinated OB/GYN curriculum, emphasizing evidence based medicine and family centered birthing.
- Developed *Medicine and the Media* elective, showing residents how various media forms powerfully impact the practice of medicine.
- Co-Project Manager for the evaluation, purchase, and implementation of clinic wide electronic medical record (EMR) system.
- Designed, authored, and maintained websites for residency recruiting, and patient education and services.

MEDICAL DIRECTOR OF MEDICAL-SURGICAL UNIT

56 Medical Group, Luke AFB, AZ

Aug 1997-Jun 1999

- Acted as liaison between the medical staff and nursing staff on a twenty-bed combined medical/surgical ward
- Approved all ward policies and operating instructions
- Acted as patient/facility advocate whenever necessary
- Integral in preparing facility for Joint Commission inspection.

GOLD TEAM CHIEF/ STAFF FAMILY PHYSICIAN

Dept. of Family Medicine, Luke AFB, AZ

Jul 1996-Jun 1999

- Supervised several physicians and physician assistants in the day-to-day operations of a 6000 patient practice; provided full spectrum family medicine including obstetrics
- Maintained a military readiness mission in preparation for deployment or disaster

FACULTY APPOINTMENTS

Research Professor of Medicine, University of Maine

Dec 2020-Present

External Graduate Faculty

Mar-2020-Dec 2020

**Clinical Professor, University of New England College of Osteopathic
Medicine**

Feb 2022-Present

Associate Clinical Professor

June 2008-Feb 2022

Associate Clinical Professor, University of Vermont

May 2012-May 2018

Associate Professor, Medical University of South Carolina
May 2005-May 2008
Assistant Professor
May 2000-April 2005

Assistant Professor, Arizona College of Osteopathic Medicine
Jan 1998-Jun 1999

HONORS

Distinguished Citizen Award, Katahdin Area Council, Boy Scouts of America
Sep 2022

Charles Sullivan Community Service Award, Bangor Kiwanis Club
Oct 2021

Lamplighter Gold Award for Media Relations, New England Society of Health Care Communications
Jun 2021

Recognition of Support Award, United States Secret Service
Feb 2021

Media Award, Home Care and Hospice Alliance of Maine
Dec 2020

Program Directors' Gold Recognition Award, AFMRD
Mar 2018

Program Directors' Silver Recognition Award, AFMRD
Apr 2016

Faculty Teaching Award, Presented by Residents of MCFM
Jun 2008

Fellow of the American Academy of Family Physicians
Aug 2004

Honored Member of Strathmore's Who's Who
2001-2002

Faculty Teaching Award, Presented by Residents of MCFM
Jun 2000

Air Force Commendation Medal for Meritorious Service, Luke AFB, AZ
Jun 1999

Diplomate of the American Board of Family Medicine
Jul 1996

Chief Resident Malcolm Grow FMR, Andrews AFB, MD
May 1995-Jun 1996

Resident Teacher of the Year, Society of Teachers of Family Medicine
Jun 1996

MEDICAL ACTIVITIES AND SERVICE

Building-ME Network,
Executive Council Member
2023-Present

- Selected to Executive Council to provide oversight of grant funded program to increase and improve rural training opportunities for those studying in a healthcare related field.

Maine Graduate Medical Rural Education Collaborative,
Executive Council Member
2023-Present

- Selected to Executive Council to provide oversight of grant funded program to increase and improve rural training opportunities for resident and fellow physicians

Affiliate Partnership Council for Maine Veterans Affairs, Member
2022-Present

- Selected to Council to provide insight into partnerships between the Veteran Affairs Administration offices in Maine and Maine based entities.

Maine Medical Association, Board Member
2021-Present

- Elected to Board of Directors to provide oversight of operations of Maine's largest organization representing the interests of physicians.

Association of Family Medicine Residency Directors, Board Member
2014-2018

- Elected to Board of Directors to provide oversight of operations to a non-profit organization representing program directors nationally. Served on Communications Committee from 2010-2014.

EMHS Clinical Decision Stewardship Committee, Co-Chair
2014-2019

- Provide oversight, coordination, and prioritization of clinical change to the four electronic health records systems across the nine member organizations of Eastern Maine Health Systems. Decisions are made based upon current evidence where possible or consensus when none is available.

EMMC Medical Group Oversight Committee, Member
2014-Present

- Provide oversight of operations to 350 member multi-specialty medical group. Served as Co-Chair of Revenue Cycle Committee of this \$400 million per year enterprise.

Rosscare, Board Member
2014-2016

- Elected to Board of Directors to provide oversight of operations to a non-profit organization of eight facilities providing continuing care, senior health, and wellness services across northern and eastern Maine.

EMMC Family Medicine Inpatient and Residency Section, Chief
2008-2011

- Oversee the Quality and Operations as relevant to the Service
- Report to the Service Chief as appropriate
- Represent the Service on the Outreach and SEAT Committees.

Department of Family Medicine, Self Regional Healthcare, Chair
2006-2007, 2004-2005

- Elected to represent department at Medical Executive Staff meetings.
- Advised department on issues relevant to family medicine.

Greenwood Community Children's Center, Board Member
2006-2008

- Elected to Board of Directors to provide oversight to community projects aimed at child development such as Healthy Families - Greenwood's home visitation and parenting program.

Physicians' Long Range Planning Committee, Self Regional Healthcare, Member
2003-2008

- Appointed to committee charged with evaluating long term medical care needs of Self Regional and the community; and to make recommendations to Board of Trustees regarding need for improved representation in various medical specialties.

Interdisciplinary Committee on Diabetes, Physician Representative
1999-2008

- Appointed to committee charged with implementing educational and outreach programs for patients with diabetes.
- As the sole physician I worked with various hospital departments for a global treatment plan, and assisted in creation and implementation of several critical care pathways

Early Care and Childhood Education, Greenwood County, Board Member
2001-2008

- Appointed to Multi-agency organization with a primary mission to eliminate child abuse within the county of Greenwood, while developing an environment for successful learning from birth to age six.
- Served as chair of the Home Visitation and Parenting Steering Committee. Drafted By-Laws and Constitution as well as provided input into overall mission.

PUBLICATIONS/RESEARCH

Genomic Analysis of Mainers with Chronic Kidney Disease
Ongoing Research; Primary Clinical Investigator
Northern Light Health/University of Maine

COORDINATED RESPONSE AND BUSINESS RECOVERY IN RURAL HEALTH CARE SYSTEMS

COVID-19: Spread the Science, not the Virus Seminar Series. Paper 19
September 2020, Parker S, Doran, J, Whelan, M; Jarvis, J

ANTEPARTUM TESTING (EFM WORKSHOP)

Residency Curriculum, Resource June 2020 Jarvis J, Baxter R

OPIOID PRESCRIBING: A GENERATIONAL PERSPECTIVE

Ann Fam Med September/October 2018 16:469-470, Jarvis J, Hartl K, Bloom-Foster J

OSTEOPATHIC RECOGNITION: WHEN, WHAT, HOW AND WHY?

Ann Fam Med January/February 2017 15:91, Miller T, Jarvis J, Waterson, Z, Clements D, Mitchell K

IN PURSUIT OF 1,650

Ann Fam Med September/October 2016 14:480-481; Dickson G, Jarvis J, Pickerel L

Obstetric Problems During Pregnancy

Manual of Family Practice, Ed 4
Clarke, S L, Jarvis J, Karel D

THE RESIDENCY CURRICULUM RESOURCE: A USERS' PERSPECTIVE

Ann Fam Med January/February 2016 14:86-87, Jarvis J, Schaffer, T, Miller T

THE RESIDENCY PERFORMANCE INDEX (RPI): AN AFMRD TOOL FOR FAMILY MEDICINE RESIDENCY PROGRAM ASSESSMENT

Ann. Fam. Med 2015 13: 495-496, Maxwell L, Bhuyan N, Jarvis J, and Greenwood V

Obstetric Problems During Pregnancy

Manual of Family Practice, Ed 3
Jarvis J, Karel D, Clarke, S L

Obstetric Problems During Pregnancy

Manual of Family Practice, Ed 2
Sealy D, Jarvis J, Karel D

Glycemic Optimization Trial; Research Completed, Publication Pending
Pfeifer M (Sponsor), Jarvis J (Lead Investigator, Greenwood Site)

NATIONAL/REGIONAL LECTURES

The Future of Primary Care with Dr. James Jarvis from Northern Light Eastern Maine Medical Center Part 2

The No Normal Show, Revive Podcast
Jun 2023

Let's Talk About Men's Health

Good Health is Good Business Series, Bangor, ME
Jun 2023

The Future of Primary Care with Dr. James Jarvis from Northern Light Eastern Maine Medical Center Part 1

The No Normal Show, Revive Podcast
Jun 2023

The Unexpected, Unknown, and Unbelievable During the COVID-19 Pandemic: Lessons Learned in Maine

Healthcare Coalition of Maine Preparedness Summit, Hallowell, Maine
May 2023

Supporting the Aging Workforce

Good Health is Good Business Series, Bangor, ME
Mar 2023

Hey Maine, How Are YOU?

Good Health is Good Business Series, Bangor, ME
Jan 2023

Maine Chronic Kidney Disease (ME-CKD) Genetics Pilot Study

Maine Research Symposium on Biomedical Science and Engineering
Portland ME
Sep 2022

Interdisciplinary Learning for Improved Quality and Safety

National Healthcare CMO Summit, San Diego, CA
Sep 2022

Trends and Hidden Costs of Mental Health

Good Health is Good Business Series, Bangor, ME
Aug 2022

Rural Health Research: Problems with Solutions

University of Maine Impact Week, Orono, ME
Apr 2022

Leading during a pandemic: Maine business leaders share their experience about leading through crisis and preparing for the future

Good Health is Good Business Series, Bangor, ME
Mar 2022

Making Maine stronger by working together: Maine's two largest health systems share their COVID story

Good Health is Good Business Series, Bangor, ME
Mar 2022

Frontline employees share their experiences: lessons that promote team strength, resiliency, and compassion

Good Health is Good Business Series, Bangor, ME
Feb 2022

A Safe and Healthy Holiday and New Year

Good Health is Good Business Series, Bangor, ME
Dec 2021

How to support good mental health during the holidays

Good Health is Good Business Series, Bangor, ME
Dec 2021

COVID-19: Critically relevant information and discussion

Good Health is Good Business Series, Bangor, ME
Nov 2021

Treatment options for COVID-19 long haulers and tips for living with continued stress

Good Health is Good Business Series, Bangor, ME
Oct 2021

COVID-19: Navigating New Information to Support our Employees' Health

Good Health is Good Business Series, Bangor, ME
Sep 2021

Mental health and living with continued COVID

Good Health is Good Business Series, Bangor, ME
Sep 2021

The latest on COVID-19 and how to get ready for school and our new normal

Good Health is Good Business Series, Bangor, ME
Aug 2021

Defining the new 'work' normal Panel Discussion

Good Health is Good Business Series, Bangor, ME
Jul 2021

Tackling the challenges and concerns related to vaccine hesitancy and pandemic fatigue

Good Health is Good Business Series, Bangor, ME
Jun 2021

Practical advice for parents: How to discuss vaccine hesitancy with your child or teen

Good Health is Good Business Series, Bangor, ME
Jun 2021

COVID-19 One Year Later: What Have We Learned?

Northern Light Health Research Exposition, Bangor, ME
May 2021

COVID Shorts: How Do We Vaccinate 7.8 Billion People?

Maine Academy of Family Physicians 29th Annual Update, Hartland, ME
May 2021

The Pandemic's unexpected impact on mental health/substance use
Good Health is Good Business Series, Bangor, ME
May 2021

We Ask the Experts: "What are the top five reasons for getting the COVID-19 vaccine?"
Good Health is Good Business Series, Bangor, ME
May 2021

COVID-19 & Vaccines: Update on Vaccine Safety & Distribution and COVID-19 Resurgence
Maine Calling, Maine Public Radio/NPR
Apr 2021

Embracing a Culture of Diversity, Equity, and Inclusion
Good Health is Good Business Series, Bangor, ME
Apr 2021

COVID-19 Is Offering Unique Opportunities for Maine Businesses and Communities
Good Health is Good Business Series, Bangor, ME
Apr 2021

Long Haul COVID Syndrome: A Case Presentation
COVID-19 Matters in Maine Project ECHO, Biddeford, ME
Mar 2021

How to plan for an uncertain future
Safe Return to Business Series, Bangor, ME
Mar 2021

Information and communication is the key to success
Safe Return to Business Series, Bangor, ME
Mar 2021

Ethics & Vaccines: The Values of Society Are Reflected in Development & Distribution
Maine Calling, Maine Public Radio/NPR
Feb 2021

Reducing Risk, Increasing Focus, and Taking Care of Business
Safe Return to Business Series, Bangor, ME
Feb 2021

Handling Employee Exposures and Planning for Mass Vaccinations
Safe Return to Business Series, Bangor, ME
Feb 2021

The Impact of Isolation
Safe Return to Business Series, Bangor, ME
Jan 2021

COVID-19 Prevention and Employee Engagement
Safe Return to Business Series, Bangor, ME
Jan 2021

Telehealth & Empathy in the Time of COVID
COVID-19 Matters in Maine Project ECHO, Biddeford, ME
Nov 2020

The latest information from the Maine CDC and Northern Light Health

Safe Return to Business Series, Bangor, ME
Dec 2020

The Holidays: Balancing Kid Expectations, Your Diet, and Family Obligations

Safe Return to Business Series, Bangor, ME
Nov 2020

COVID-19: Resiliency is the Name of the Game

Safe Return to Business Series, Bangor, ME
Oct 2020

Hidden Risks of COVID-19

Safe Return to Business Series, Bangor, ME
Oct 2020

The Latest on COVID-19

Safe Return to Business Series, Bangor, ME
Sep 2020

Coordinated Response and Business Recovery in Rural Health Care Systems

AHA COVID-19: Spread the Science, not the Virus Seminar Series,
Philadelphia, PA
Sept 2020

Prevention: How to Keep Our Kids, Families, and Communities Safe

Safe Return to Business Series, Bangor, ME
Sep 2020

Let's figure it out together

Safe Return to Business Series, Bangor, ME
Aug 2020

Outbreak Discussion and Roundtable - Learning from our neighbors

Safe Return to Business Series, Bangor, ME
Aug 2020

COVID-19: A Conversation with Dr. Nirav Shah

Safe Return to Business Series, Bangor, ME
Aug 2020

Considerations for reducing risk for COVID-19 and youth anxiety in schools and youth serving organizations

Safe Return to Business Series, Bangor, ME
Jul 2020

A COVID-19 Round Table Discussion

Safe Return to Business Series, Bangor, ME
Jul 2020

Caring for Our Employees: return to work guidelines, team building, and COVID 19 testing

Safe Return to Business Series, Bangor, ME
Jul 2020

The impact of COVID-19 on Food Service, Travel, and Team Culture
Safe Return to Business Series, Bangor, ME
Jul 2020

Helpful Tips on Facility Modifications, PPE Purchasing, and Resiliency
Safe Return to Business Series, Bangor, ME
Jul 2020

Risk Mitigation Through Infection Prevention, Communication, and De-escalation
Safe Return to Business Series, Bangor, ME
Jun 2020

Balancing Your On-site Needs and Employee Accommodation
Safe Return to Business Series, Bangor, ME
Jun 2020

What a Business Needs to Safely Open
Safe Return to Business Series, Bangor, ME
Jun 2020

Vaccines: Heroes or Villains (hint: it's the first one)
University of Maine Science Lecture Series, Orono, ME
Nov 2018

Medicine, Advocacy, and Politics: How Do We Teach in an Era of Divisiveness?
AAFP Program Directors' Workshop, Kansas City, MO
Mar 2018

Health Literacy: Ethical Challenges
EMMC BioEthics Grand Rounds, Bangor, ME
May 2017

Transitioning from AOA to ACGME Part 2
AFMRD Accreditation Navigation, Kansas City, MO
Mar 2017

Chronic Pain Management and Medication Assisted Treatment
AAFP Program Directors' Workshop, Kansas City, MO
Mar 2017

Transitioning from AOA to ACGME Part 1
AFMRD Accreditation Navigation, Denver, CO
Oct 2016

MACRA is Coming!
Primary Care Grand Rounds, Bangor, ME
May 2016

Transitioning from AOA to ACGME Part 2
AFMRD Accreditation Navigation, Kansas City, MO
Mar 2016

Why Am I a Family Physician? A Practicing Physician's Perspective
FMEC Fall Conference, Danvers, MA
Oct 2015

Transitioning from AOA to ACGME Part 1
AFMRD Accreditation Navigation, San Antonio, TX
Oct 2015

***Embedded Behavioral Services in the Family Medicine Center:
Improving Care, Education and the Bottom Line***
AAFP Program Directors Workshop, Kansas City, MO
Mar 2015

Billing and Coding 101 and More
EMMC Primary Care Grand Rounds, Bangor, ME
Sep 2014

***Management of Health Systems and Practice Based Learning:
A Longitudinal Curriculum***
AAFP Program Directors Workshop, Kansas City, MO
Mar 2014

Everything I Need to Know About Medicine I learned in Kindergarten
FMEC Fall Conference, Philadelphia, PA
Nov 2013

Assisted Vaginal Deliveries
Annual EMMC ALSO Course, Bangor, ME
Aug 2013

First Trimester Complications
Annual EMMC ALSO Course, Bangor, ME
Aug 2013

First Trimester Complications
Annual EMMC ALSO Course, Bangor, ME
Aug 2012

Everything I Need to Know About Medicine I learned in Kindergarten
Primary Care Grand Rounds, Bangor, ME
May 2012